

East Soar Outdoor Experience

Kit List

- Sleeping bag
- Pillow
- Roll mat
- Trousers
- Shorts
- T-Shirts
- Long sleeve Shirts
- Jumper
- Socks
- Underwear
- Pyjamas
- Trainers
- Wellies
- Waterproof jacket
- Water proof trousers
- Sun hat
- Wash bag
- Toothbrush and paste
- Towel
- Torch
- Sun cream
- Day pack
- Cake or biscuits to share on residential
- Packed lunch (first day only)
- Refillable non-breakable drink bottle